



St, Joseph's Catholic Primary School

PE Curriculum Statement



INTENT

At St. Joseph's School, our intent is to provide a high-quality physical education curriculum that is inclusive of all pupils. We believe high-quality PE inspires all pupils and helps them in all areas of the curriculum, in addition to succeeding in physical activities.

We aim to provide opportunities for pupils to become physically confident in a way which supports their health and fitness. We endeavour to improve health and well-being, promote active participation and a lifelong learning and love for PE. We aim to ensure that the children's experience of Physical Education is positive and motivating. Developing children's attitudes to a healthy lifestyle across the curriculum is vital for a healthy future.

At St. Joseph's, we provide a range of sports and experiences so that the children can excel to their very best physical abilities and enjoy PE. Through Physical Education we aim to develop the children's knowledge, skills and understanding, so that they can perform with increasing confidence and competence in a range of physical activities. To enable the children to develop their skills, we encourage them to use previous knowledge from other experiences and interlink it with new challenges. We offer a variety of competitions, team games and school activities. Through these experiences the children develop their understanding of our "Virtues to Live By" and their teamwork skills.

IMPLEMENTATION

PE will be taught twice a week throughout the school either by the class teacher or Inspiration Tree. During the year, each Key Stage 1 and Key Stage 2 class will receive training from a PE specialist for one half term which will lead to an intra-school competition. In Year 2 and Year 4, they will also receive skipping training culminating in an intra-school festival.

In Year 3, the children spend 1 of their PE slots attending swimming lessons at Prince Henry's Grammar School which they attend for 33 weeks of the year. The children have a 30-minute lesson.

In addition to PE Curriculum time, we strive to provide children with a variety of opportunities to access extracurricular physical activity through a wide range of sporting and active clubs as well as a variety of competitions and festivals.

IMPACT

PE is taught for a basis of lifelong enjoyment, health and personal development. A broad, high-quality physical education inspires children to pursue physical activities beyond school time and throughout their lives so that they have a physically active life which contributes to a healthy lifestyle. At St. Joseph's, we provide a range of opportunities for children to participate in physical activities in both

competitive and non-competitive environments. These opportunities support our character education which are driven by our Christian virtues and British values.