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ST JOSEPH'S CATHOLIC PRIMARY SCHOOL OTLEY

A Voluntary Academy

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Headteacher: **Mrs C. Knight**

12 December 2016

Dear Parents,

I would like to make you aware of the incidence of threadworms in your child's class.

Information from the NHS Website is as follows:

Symptoms of threadworms

Threadworms often go unnoticed by people who have them.

However, they can cause intense itching around the anus (and the vagina in girls), particularly at night when the female worms are laying eggs. This can disturb sleep.

In some cases, you may spot threadworms on your bed clothes or sheets at night, or you may notice them in your stools. The worms look like threads of white cotton and are about one centimetre long.

Treating threadworms

To treat threadworms successfully, all household members must be treated, even if they don't have any symptoms. This is because the risk of the infection spreading is very high.

The aim of treatment is to get rid of the threadworms and prevent reinfection. This will usually involve a combination of medication to kill the worms and strict hygiene measures to stop the spread of the eggs.

The main medication used to treat threadworms is available from your local pharmacy without a prescription. However, it's important to follow the manufacturer's instructions as it isn't suitable for everyone.

Please encourage your children to wash their hands frequently, especially after going to the toilet.

Please see http://www.nhs.uk/Conditions/Threadworms/Pages/Introduction.aspx for more information.

Yours sincerely,

K Choma

Miss K. Choma
Deputy Headteacher

Healthy School

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